

# The Palliative Care Handbook

Guidelines for clinical management  
and symptom control, featuring extensive  
support for advanced dementia



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## Useful resources

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Standardised Mini-Mental State Examination (SMMSE)

<https://www.ihsa.gov.au/what-we-do/standardised-mini-mental-state-examination-smmse>

The Montreal Cognitive Assessment (MoCA)

<http://www.mocatest.org/>

Cancer pain management guidelines (Australia)

[http://wiki.cancer.org.au/australia/Guidelines:Cancer\\_pain\\_management](http://wiki.cancer.org.au/australia/Guidelines:Cancer_pain_management)

International Association for the Study of Pain (IASP)

<https://www.iasp-pain.org/>

Abbey Pain Scale

[https://www.apsoc.org.au/PDF/Publications/Abbey\\_Pain\\_Scale.pdf](https://www.apsoc.org.au/PDF/Publications/Abbey_Pain_Scale.pdf)

Electronic Pain Assessment Tool (PainChek)

<http://www.painchek.com/>

Caresearch – palliative care knowledge network

<http://www.caresearch.com.au/>

Palliativedrugs.com

<http://www.palliativedrugs.com/>

The Palliative Care Bridge

[www.palliativecarebridge.com.au/](http://www.palliativecarebridge.com.au/)

Palliative Care Matters

<http://www.pallcare.info/>

National Cancer Institute

<http://www.cancer.gov/>

Macmillan Cancer Support

<http://www.macmillan.org.uk/>

Spirituality

<https://smhs.gwu.edu/gwish/global-network>

Dying

<https://www.dyingmatters.org/>

Advance care planning

<https://www.advancecareplanning.org.au/>

<http://www.advancecareplanning.org.nz/>

<https://www.caresearch.com.au/caresearch/tabid/4110/Default.aspx>

The Australian Commission on Safety and Quality in Health Care has released a national consensus statement "Essential elements for safe and high-quality end-of-life care in acute hospitals". Available at <http://www.safetyandquality.gov.au/publications/national-consensus-statement-essential-elements-for-safe-high-quality-end-of-life-care/>

Dietitians Association of Australia (2009) Evidence based Practice Guidelines for the Nutritional Management of Malnutrition in Adult Patients Across the Continuum of Care. Nutrition & Dietetics, 66 (suppl. 3): S4-S10

Palliative Care Victoria pamphlet 'About Nutrition in Palliative Care' <https://www.pcvlibrary.asn.au/download/attachments/688132/Nutrition.pdf?version=1>

Diabetes management at end of life

<https://www.diabetes.org.uk/professionals/position-statements-reports/diagnosis-ongoing-management-monitoring/end-of-life-care>