



## FUNDRAISING FOR SUSTAINABILITY

Recently I read a news article announcing that New Zealanders are ranked as among the most generous people in the world.

I can tell you, I believe it.

As we follow the exciting progress of this year's Farmers *Caring Connections in our Community* campaign, it's clear to see that New Zealand remains a country full of people who care about their friends and family, their neighbours and communities.

And generosity comes in many forms.

It's evident in the tireless efforts of people across the country who volunteer their time and talents for Hospice. It's in the dedication of hospice staff – their willingness to go the extra mile. It's in the constructive, creative collaboration Hospice NZ shares with our member hospices and sector partners, the passion of our national partners and supporters, and in the kindness of businesses and donors throughout the country.

Thank you all for your generosity of spirit, and for your ongoing support for the work of Hospice NZ.

Merry Christmas, everyone.

Warm regards,

**Mary Schumacher**  
Chief Executive,  
Hospice New Zealand



### **Hospice New Zealand**

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### **Farmers – Caring Connections in our Community**

From Kaitaia to Bluff, Farmers stores across the country are partnering with their local hospices again this Christmas for the *Caring Connections in our Community* campaign. Now in its fourth year, this is our largest and most successful national fundraising event, having raised almost \$2 million for New Zealand hospices since it began in 2014.

*Caring Connections in our Community* is a nationwide event with a strong local focus. It reflects the community-based nature of hospice services, and the sense of connection that Farmers has in each community where there is a store. 100% of all funds raised in each store go directly to the local Hospice, helping ensure their services remain free of charge for people with life-limiting conditions, their families and whānau.

Grant Perry, Manager of the Farmers store in Taupō, says, *"It seems almost everyone I meet has been touched by the work of Hospice in some way. I guess here in Taupō, like in other communities across New Zealand, most people are connected in one way or another. For Farmers staff and our customers, it's great to know that the funds raised in store will benefit our own community. We never forget that the people our local Hospice supports might be people we know too."*

Grant himself has a very personal connection with the work of Hospice. *"My father was cared for by Hospice twelve years ago, and to this day I am grateful for the difference it made to our family. Dad was just 67 when he was diagnosed with cancer. He was fit and active so it came as a huge shock to us all, and he died just seven weeks later."*

*"Back then, we had no idea what Hospice was – we thought it was a type of hospital. When we realised the kind of care they could offer our family, we were blown away. Now, having the chance to be involved in the Caring Connections in our Community event, and knowing that it will help ensure hospice care is available to other families when they need it, is really special."*

This Christmas, Lake Taupō Hospice nurses Judy and Christine are part of the team that will be visiting people in their own homes to



Lake Taupō Hospice Nurses  
Christine and Judy with Grant  
from Farmers Taupō

## Hospice Baubles

These beautiful, limited edition Hospice baubles feature tui nestled in the flowers of the pohutukawa. They were created by our incredible friends at Farmers, together with talented young NZ designer, Jemma Smith.

Jemma is currently completing a Bachelor of Fine Arts at Whitecliffe College of Arts and Design, and she was delighted to win the chance to take up this project. *"It was perfect for me as my work is already heavily influenced by nature, so the design process was very seamless and enjoyable. Not to mention the fact that it was going towards an amazing cause!"*

The tui in the design face each other as a symbol of support, and the striking red flower of the pohutukawa, NZ's national Christmas tree, is a symbol of love.

These stunning baubles are available exclusively at Farmers. 100% of the \$10 price goes directly to your local hospice. Purchase in stores or online from [www.farmers.co.nz](http://www.farmers.co.nz) while stocks last.



ensure they receive the best possible palliative care over the festive season. *"Hospice care doesn't stop during the holidays",* says Judy. *"We're on call 24/7 – it's so important for people to know that support is there whenever they need it".*

Christine says that everyone they visit over the festive period will approach Christmas in their own way, but that the Hospice team often take patients and their families a wee gift when they pop in. *"Sometimes it will be home baking from one of our wonderful volunteers, or last week a local supporter gave us some beautiful free range eggs to give to families",* says Christine. *"Everyone in the community does their little bit. It makes a huge difference to people with life-limiting conditions and their families to know that others are thinking of them, especially at Christmas. That's what makes the support of Farmers and their customers at this time of year so incredible too. It's people looking after people".*

Hospice NZ would like to say a huge thank you to everybody at Farmers for being such wonderful ambassadors for Hospice and for the difference this makes in local communities, and thank you to Farmers customers for your incredible generosity and kindness.

**There are two ways you can support Hospice at Farmers stores – by purchasing a beautiful, limited edition Hospice bauble, or via the Tree of Remembrance. Everyone who makes a donation receives a card on which to write a message to someone special that they're thinking of this Christmas. They can then place it on the dedicated remembrance tree in each store. 100% of all donations made in store will stay in the local community, helping to ensure hospice care remains free of charge.**



Harcourts Whanganui presents Hospice Whanganui with a new car for the Community Nursing team

## Thank you to our National Partners

Hospice NZ wishes to thank our national partners and supporters for their tremendous support in 2017:

HOUSE OF TRAVEL



## The Harcourts Foundation – proud supporters of the Hospice NZ Grants Programme

More than \$50,000 has been donated to New Zealand hospice services around the country in the first round of the Harcourts Foundation funded, *Hospice NZ Grants Programme*.

The Harcourts Foundation established the unique programme alongside Hospice NZ in July this year. The primary goal of the Grants Programme is to assist member hospices with funding for key projects that directly benefit the people using hospice services in the local community.

Harcourts CEO Chris Kennedy says it is extremely pleasing to see the first grants be distributed to hospices around the country. *“It’s a privilege to be able to assist New Zealand hospices. I personally am in awe of the work they do, as is everyone who has been touched by hospice and their incredible teams. And now, to see the grant actually in action, and to help these individual organisations fund some crucial initiatives is fantastic.”*

The first Hospice NZ Grants Programme grants are:

- **Hospice Whanganui**, \$10,000 towards a new car, enabling the community nursing team to visit people living in rural areas
- **Arohanui Hospice**, Palmerston North, \$10,000 towards re-flooring bathrooms in the inpatient facility
- **Totara Hospice South Auckland**, \$10,376 for four syringe drivers to provide people with relief from pain, and lock boxes to house the pumps
- **Hospice Waikato**, \$7,442 for three electric beds for use in the community, supporting people to remain in their own homes
- **Rotorua Community Hospice**, \$6,976 for 14 lock boxes and two syringe drivers
- **Otago Community Hospice**, \$6,064 for two electric beds, providing comfort for people staying in the inpatient unit

In addition to the commencement of the *Hospice NZ Grants Programme*, many Harcourts franchises around the country will continue to assist their local hospices, both financially and through volunteer work. Hospice NZ is very grateful to the Harcourts Foundation and Harcourts teams across the country for supporting the work of Hospice.

### HOSPICE NZ GRANTS PROGRAMME

PROUDLY SUPPORTED BY





Jo, Sally & Louisa  
– the ARC team

## QUALITY OUTCOMES

### Introducing Dr. Richard Thurlow

Dr. Richard Thurlow (PhD) joined the Board of Hospice NZ in May this year. Richard is the Chief Executive Officer of Waipuna Hospice in Tauranga, a role he has held for over 10 years. Prior to moving to New Zealand from the UK with his wife and two daughters in 2005, Richard had a career spanning biochemical and pharmacological research, working at both the University of Cambridge and within the pharmaceutical industry.

Richard brings a wealth of leadership and management experience to the Hospice NZ Board, along with a passion for the use of data and technology to improve the quality of services and systems. Richard looks forward to continuing Hospice NZ's journey in "ensuring fiscal recognition and that palliative care is practiced at all levels of healthcare – not just in the specialist sector".

For Richard, a key part of his job satisfaction comes from feeling his personal values align so well with the vision and values of Hospice. *"My grandparents were Cockneys and survived the Blitz. They taught me that even when life seems impossibly hard and you are under enormous duress, there is always something you can do – everyone matters and life is always worth living. The hospice philosophy of 'Living Every Moment' is one that I truly believe in".*



### The Otago Community Hospice Aged Care Clinical Nurse Specialist Team

Around a third of New Zealanders who die each year now die in residential aged care facilities. With the population aging, and with people living longer and with more complex needs, this is a trend that is only expected to increase.

Several years ago, the New Zealand government pledged \$7 million to support hospices in creating new, innovative and ongoing services working with aged residential care and primary care. Otago Community Hospice, in conjunction with Hospice Southland, undertook an extensive consultation process before developing a team of Clinical Nurse Specialists specifically tasked with fostering closer partnerships with their colleagues in the aged care sector.

Central Otago-based nurse, Louisa Ingham, is part of this very special team. *"My role is to work alongside staff in hospital-level aged care facilities throughout our region, helping to ensure the hospice philosophy is incorporated into all areas where people are receiving palliative care",* says Louisa. *"The staff we work with in these facilities are hugely caring, professional and competent. By working together, we can help empower and support our colleagues – building their capabilities and their confidence in giving end-of-life care".*

Louisa notes that often, even small changes can make a huge difference in a person's quality of life. Louisa recently helped an aged care facility identify and implement a small change in policy that enabled people to better control their own symptoms, without needing to wait for assistance. *"It was such a simple change, but that feeling of control offers people a great deal of relief. This then reduces their anxiety and helps them to truly 'live every moment' – which is what Hospice is all about."*

Otago Community Hospice CEO, Ginny Green, says the potential benefits of the programme are far reaching. By collaborating together now, Otago Community Hospice is empowering aged care facility staff to better manage the inevitable increase in need for palliative care services, and developing a better appreciation of how Hospice can best support their needs into the future.



## PUBLIC AWARENESS

### The Great NZ Tractor Trek

12 Feb – 09 March 2018

Support this very special cavalcade of vintage tractors, jeeps and trucks as they travel the length of the country raising funds and awareness for New Zealand Hospices.

When Phil Aish's dearly loved wife Janice died a year after being diagnosed with cancer, Phil organised a cavalcade of vintage tractors, jeeps and trucks to trek 2,000km from Bluff to Cape Reinga. The Great NZ Tractor Trek 2016 raised over \$100,000 for Hospices across the country, and captured the hearts of people across New Zealand. And in 2018, Phil and his friends are doing it again!

*"The unbelievably caring and compassionate people at Hospice made it possible for me to simply be there for my wife of 48 years - to sit by her side and hold her hand", says Phil. "The genuine kindness, understanding and patience of everyone at hospice never diminished, and they were equally caring of me and my family. This trek is a promise to my darling wife and a legacy to those who cared for her".*

Show your support by coming along to cheer on the cavalcade. Visit [www.tractortrek.org.nz](http://www.tractortrek.org.nz) to find out when it will be in your area, or make a donation at [www.givealittle.co.nz](http://www.givealittle.co.nz) (search 'Tractor Trek') to support your local hospice.



### From our Patron and Ambassador, Jo Seagar

*A few weeks ago I was delighted to attend the Mary Potter Hospice Strawberry Festival in Wellington. Glorious sunshine and strawberry sundaes – what a perfect way to celebrate the start of summer.*

*While I was there, a lovely woman came up to me for a chat. Her husband had died just two weeks earlier and it was an awful, raw time for her. She admitted that she hadn't wanted to go to the event at all. She felt like hiding away and was certainly in no mood for strawberries. In fact, she was only there as her friends had gently cajoled her into coming along. This remarkable lady then shared with me that the day had given her a wee lift – that despite all her sadness, she felt blessed to be supported by such lovely friends, to know that Hospice was still there to support her, and to be part of a community that cares.*

*Isn't that what it's all about.*

*Thank you all from the bottom of my heart for being part of the Hospice family. Merry Christmas, everyone.*

*Love From*  
*Jo Seagar.*  
Jo Seagar





Jo and her Grandson, Lucas

### Hospice New Zealand

Mary Schumacher  
**CEO**

Rachel Wilson  
**Communications Manager**

Mandy Gill  
**Executive PA**

Chris Murphy  
**Project Leader**

Anne Morgan  
**Practice Advisor**

Hadley Brown  
**Policy and Advocacy Manager**

Moira Marcroft  
**Corporate Partnerships**

### The Hospice New Zealand Board 2017

Lisa Roberts (Chair)  
**Chair of the Board,  
Hospice West Auckland**

John Peters (Deputy Chair)  
**Chair of the Board,  
Nelson Tasman Hospice**

Peter Buckland  
**CEO, Mercy Healthcare**

Biddy Harford  
**CEO, Te Omanga Hospice**

Dr Richard Thurlow (PhD)  
**CEO, Waipuna Hospice**

### Clinical Advisors to Hospice NZ Board

Dr. Brian Ensor  
**Director Palliative Care,  
Mary Potter Hospice**

Wayne Naylor  
**Director of Nursing,  
Hospice Waikato**

## Jo's Tips for Christmas

### Beautiful baubles

Have you seen the gorgeous Hospice baubles at Farmers? What a great gift idea – I've bought them as Secret Santa gifts and stocking fillers, and they're perfect for people who are hard to buy for. This year, I've even sent one to dear friends of mine living overseas. I like knowing there'll be Tui and Pohutukawa, a little touch of New Zealand, on their Christmas tree in Dubai. To me, the baubles represent peace and unity, and that can only be a good thing. Knowing that all proceeds go to Hospice is the icing on the cake.

### Cast of characters

As you get older and wiser, you realise the cast of characters around your table is the most important thing of all. My son won't be home for Christmas this year as he's overseas – thank goodness for Skype! On Christmas Day we'll be having a glass of bubbles and thinking of all those special to us.



### Remember others

I grew up in a family where we looked around and made sure no one we knew would be alone on Christmas Day – a tradition we keep to this day. Pop a couple of extra roast spuds in the oven and ask 'em over! If there's just a few of you, join forces and celebrate together.



### Bake up a storm

Fairly soon my kitchen stove will be in over-drive. I'm very big on giving people home baking – after all, I've never seen anyone look disappointed to be given creamy, rich, delicious fudge! Google 'Jo Seagar Fabulous Fudge' to find the best recipe ever. You'll need a sugar thermometer but you'll be world-famous in no time.



***Merry Christmas, and all the very best  
for 2018 from the team at Hospice NZ***