

Living Every Moment

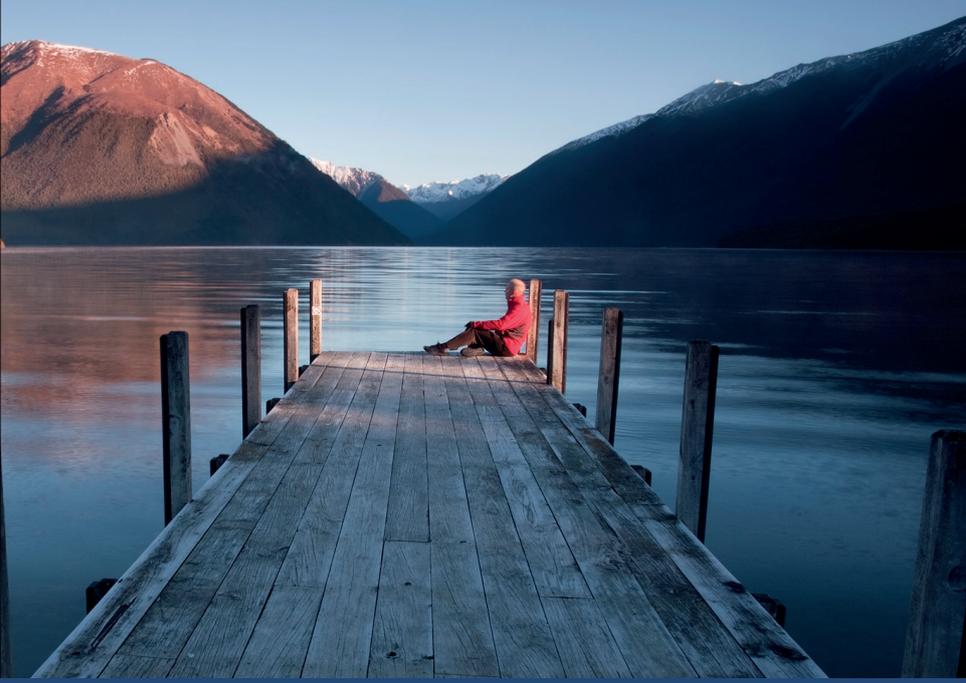


hospice

New Zealand

eNews

JUN 2016



ADVOCACY

Welcome to Hospice New Zealand's new look newsletter.

At Hospice New Zealand, all our work is underpinned by our vision – that anyone who is dying has the opportunity to celebrate life with the help of hospice. Our strategic direction is developed in consultation with stakeholders, member hospices and sector experts, ensuring that all the projects and partnerships we undertake have a direct impact on the people we strive to support – our member hospices and the people, families and whānau they care for.

As the demand for end-of-life care in New Zealand continues to grow, Hospice New Zealand is committed to staying at the forefront of palliative care. We feel privileged to have the support of our member hospices and the National Board, together with the dedication of hospice staff and volunteers throughout the country. The support of our partners, donors and sponsors is also critical to our work and deeply appreciated. Thank you for sharing our vision.

Warm regards,

Mary Schumacher
Chief Executive,
Hospice New Zealand



Hospice New Zealand

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Innovations Funding for Hospices

In 2014, the Government continued to show their commitment to supporting hospice with an additional \$20 million funding for our organisation. \$13 million went directly to hospice services as catch-up funding, while the remaining funds were committed to hospices for supporting new, innovative and ongoing services, specifically working with aged residential care and primary care.

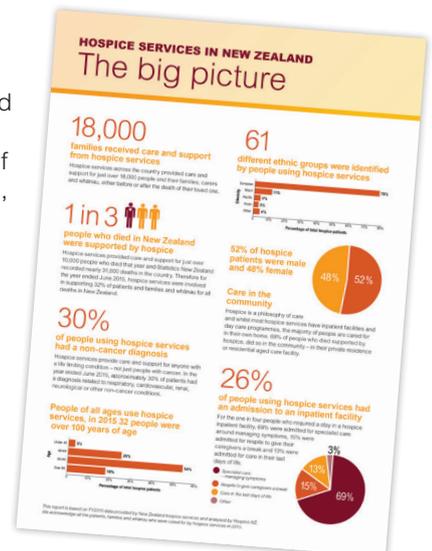
Hospice NZ began an intensive project to provide a national process to support members to access these funds – the goal being for services to start 2015/16. It has been an exciting, challenging and collaborative way of working for member hospices, their partners, DHBs and the Ministry of Health. More than 13 proposals have now been given the green light from the Ministry of Health to start rolling out their services, with many more in the advanced stages of planning.

We look forward to profiling these innovative services in future issues of this newsletter.

Data and Information Project

Hospices across the country have been working with Hospice NZ to create a standardised dataset of national hospice activity, services and outcomes. The Data and Information Project aims to build a clear picture of the care hospices provide to patients, families and whānau nationally.

Generous support from Pub Charity has enabled Hospice NZ to undertake a pilot and then expand findings across all hospices. The data will give hospices, the Ministry of Health and the public a better understanding of the needs of our organisation, and helps hospices to plan services for those we are caring for now and in the future.



WHAT MATTERS MOST?

WORKFORCE CAPABILITY

Palliative Care Lecture Series 2015



Genesis Oncology Trust Palliative Care Lecture Series

Thanks to the Genesis Oncology Trust, Hospice NZ is able to offer free monthly palliative care lectures in 2016. This education opportunity is designed for healthcare professionals with an interest in palliative care. The lectures are delivered via teleconference on the first Thursday of every month, from 7.30-8.30am. You can access these lectures by attending at registered sites around the country.

For more information on attending these lectures and catching recordings of some of the lectures you may have missed, visit www.hospice.org.nz.

Upcoming Lectures

JULY 7

Renal Supportive Care – An Overview

Dr Frank Brennan, Palliative Care Physician, St. George & Calvary Hospital, Sydney, Australia

AUGUST 4

Servantship

George Makapatama, BMS – Social Work, PGDip in Maori Development, MBA & MPP. Manager, Strategic Brokers, Auckland City Council

What matters most? Hospice New Zealand Palliative Care Conference

When time is short, we want to do what matters most.

In September this year, Hospice New Zealand looks forward to welcoming more than 300 delegates to Auckland for the 22nd Hospice NZ Palliative Care Conference.

This year's conference will challenge conference delegates to consider what matters from a range of perspectives. What matters most to patients, to their families, to carers and to our communities when it comes to end of life care? What matters to us most personally? Speakers will provide frameworks, tools, experience and inspiration to help us plan, provide and measure our services to deliver what matters most.

International keynote speakers for this year's conference include Australia's Peter Hudson, Melanie Lovell and Deborah Parker, Carlo Leget from the Netherlands and Stephanie Steil from Germany. New Zealand's keynote speakers are Yvonne Bray and James Jap.

Registrations for this year's conference are now open, with early bird registrations closing on 29 July 2016. For more information and to register, visit www.hospice.org.nz.

BNI Palliative Care Scholarships 2016



BNI



BNI Scholarships

Since 2007, BNI New Zealand has supported hospice staff members across New Zealand to complete postgraduate education via the BNI Palliative Care Scholarships Programme. Over the years, BNI has donated more than \$125,000 to fully fund the programme. The focus for this year's scholarships is the professional development of hospice psychosocial and allied health teams.

Di Watkins, a Social Worker and Counsellor at Hospice Eastern Bay of Plenty, is grateful to be a recipient of a BNI scholarship in 2016. "With BNI's help, I am studying towards my Postgraduate Certificate in Palliative Care through the University of Auckland", Di says. "The course covers a wide range of topics crucial to the work we do here at hospice - issues such as ethics in end-of-life decision making, societal attitudes to death and dying, cultural issues and spirituality. The opportunity to study has made me even more reflective in my practice. It's also been fascinating to explore possible research topics, and how hospice can collaborate even more with other organisations to help the patients and whānau in our care".

Our sincere thanks to BNI New Zealand for their continued support of this valuable programme.



TONY ELLIS WITH JEFF AND VIRGINIA POOLE

FUNDRAISING FOR SUSTAINABILITY

'The Adventure of a Lifetime' – Riding for Hospice

"Tony and Marlene Ellis have been our best friends for over 40 years, and on New Year's Eve 2014, Marlene was diagnosed with terminal cancer. We were astonished by her gutsy determination as she fought aggressive cancer for 11 months, finally passing away late November 2015. Together with Marlene's husband, Tony Ellis, we have just ridden 1,365km from Picton to Bluff over 19-days on mountain bikes – three 60+ year olds on the adventure of a lifetime living the moment... and we did it!" Jeff and Virginia Poole

Earlier this year, Jeff and Virginia Poole and their dear friend Tony Ellis set off on the adventure of a lifetime. They were so grateful for the care, professionalism and support that Marlene received from hospice in her last three weeks of life that they set themselves an extraordinary fundraising target - \$250,000, of which 100% of every dollar raised would go directly to hospices throughout New Zealand. In addition to their epic mountain biking journey, this incredible trio also organised a special dinner hosted by the Prime Minister, and a public wine auction, and recently met their ambitious target. It's hard to find the words to express our gratitude towards Tony, and Jeff and Virginia and The Fine Wine Delivery Company.

Our sincere thanks also to the wonderful companies and families who supported their efforts.

Living Every Moment

In celebration of Hospice Awareness Week, Hospice NZ's national partners House of Travel invited 90,000 Facebook followers to share how they make the most of every day. The comments received were touching – wonderful examples of living every moment'. See a snippet of the responses below.

Thank you House of Travel for your wonderful support of Hospice Awareness Week and for helping us to get the message out there.



Josee Klein I make the most of every day by encouraging my work colleagues to embrace the day with joy and laughter and to provide them with caffeine in order to do so.



Kathryn Jackson Living every moment is all about appreciating the small things in life which become the big things if you don't/ can't have them. I love eating dinner with my family, watching kids play sport, sharing afternoon tea with my children after school, going for a walk with dog and my daughter, stopping to smell the flowers and the fresh sea breeze...these are what "living every moment" mean to me.

Unlike · Reply · 2 · May 21 at 3:36pm



Colin Mak Every day I do something that makes me laugh cos laughter is the best medicine! 😊



Elsie Cropp-Vaimea Try not to regret the past, live in the moment even if it means turning off your phone for the day, going hiking or seeing family and friends ect. I definitely know the feeling of losing someone close to my heart out of the blue and wishing that I had spent more time with them and made more of an effort living in the moment with them



Jannette Klijn Living in the moment, appreciating little things, enjoying each step of the way. Spending time with those who are important to me. Being someone's light in the dark.



Kate Powell I ring or visit my 96 year old grandmother. Her wisdom, kindness, and humour teaches me a little more about mindfulness and being the person I want to be everyday. She's such a gem 😊



Rebecca McDonald I make the most of everyday by smooching up our three little people and remembering to embrace the beautiful chaos they bring with them 😊



10 men, 10 tractors, 26 days

"In her last days, my wife and I discussed how we could repay in some small measure the enormous debt of gratitude we owed to hospice and their many volunteers.

After listening to me thinking about the practicalities of a fund-raising tractor-trek, my wife simply said: "Do it!"

So in planning this trek I see the fulfilment of my promise to my darling wife and her legacy to those who cared for her." Phil Aish

When Phil Aish's wife Janice died a year after being diagnosed with cancer, Phil organised a cavalcade of vintage tractors, jeeps and trucks to trek 2000k from Bluff to Cape Reinga to raise funds for hospices across the country. Not only did the event raise nearly \$100,000, but Phil and his supporters captured the hearts of people right across New Zealand.

Visit Phil's Facebook page (<https://www.facebook.com/NZTractorTrek/>) to see Seven Sharp's coverage of this special journey. Phil, we are in awe of this wonderful tribute to Janice, and we are so very grateful for all you have done for hospice. Thank you.



Hospice New Zealand and our members enjoy the long standing support of our three national partners – BNI, Craigs Investment Partners and House of Travel. Hospice NZ thanks our wonderful partners for their ongoing commitment and support.

Our National Partners

BNI is the world's largest structured business networking organisation for small to medium businesses. Since our partnership began in 2007, BNI chapters have raised and donated more than \$1.3 million towards the work of hospices nationwide.



With more than 2,600 members across the country, BNI's commitment to hospice is also invaluable in helping to raise awareness of the work of our organisation. BNI is committed to helping Hospice NZ grow leaders in palliative care through their hospice scholarship programme, and last year BNI chapters raised \$142,000 for hospices across New Zealand.

Craigs Investment Partners Limited is one of NZ's largest investment advisory and management firms, offering bespoke investment solutions to private, corporate and institutional clients.



They help Hospice NZ deliver education programmes throughout the country, such as the Syringe Driver Competency programme, training for Care Assistants and the Foundations of Spiritual Care programme.

Locally, branches of CIP help raise funds and awareness of their local hospices through a variety of fundraising events such as golf tournaments, as well as volunteering their time and investment services.

House of Travel is New Zealand's largest independent chain of travel agents offering overseas travel deals, holiday packages, airfares, coach tours, cruise and travel tips. House of Travel has been a national partner of Hospice NZ since 2005. Nationally, House of Travel helps Hospice NZ raise awareness of hospice services, particularly during Hospice Awareness Week, and stores throughout the country support their local hospices in ways as diverse as their communities, helping to raise both funds and awareness.

HOUSE OF TRAVEL



KAIMAHI HUI 2016

Photo: Karen Williamson

LEADERSHIP

Professional Networking Workshops

Each year Hospice NZ facilitates a number of professional networking workshops for hospice staff. Network meetings provide hospice professionals with the opportunity to network with colleagues, share information and ideas, and explore the different ways in which each hospice approaches their programmes.

Upcoming Network Workshops

JUNE

- 28 Family Support Network
- 29 Spiritual Care Network

JULY

- 27 Manager of Volunteer Services Network

AUGUST

- 1 Educators – Regional Representatives
- 2 Educators Network
- 3 Quality Network
- 17 Retail Managers Network

SEPTEMBER

- 13 Nurse Leaders Network
- 20 Fundraisers Network

Medical Directors Network Workshop

Hospice NZ introduced a new workshop in 2016 to support hospice Medical Directors in their roles as both physicians and managers. Dr. Brian Ensor, Director of Palliative Care at Wellington’s Mary Potter Hospice explains, “Doctors often have limited training for the non-medical aspects of our roles, so this was an opportunity to collectively cover issues such as clinical governance, leadership development and safety and quality in hospices, within the limited resource envelope. In doing so, we recognise some synergies in cooperation rather than isolation.”

The Medical Directors workshop was held on June the 2nd at the CQ Hotel in Wellington.

Kaimahi Hui 2016

*Nōhia, moea, te koopu o te whare,
ka rongona te pūmahana o tōna wairua*

*Sit, sleep within the bosom of the house,
and feel the warmth of its soul*

In February this year, 20 attendees from across the country gathered at Aorangi Pa in Fielding for the 4th annual Hospice Kaimahi Hui. Warmly welcomed by Ngāti Kauwhata and hosted by Arohanui Hospice, those that attended described the event as “inspirational, thought provoking and a huge success”.

Among the guest speakers was Sir Mason Durie KNZM, Professor of Māori Studies and Research Academic at Massey University, who spoke of the importance of whānau-centred care.

Te Kai Ahurea Māori, Francis Te Pou, shared with us,

“The opportunity to learn about other kaimahi Māori roles and responsibilities showed the diverse and unique ways kaimahi work alongside their hospice colleagues and among populations from different regions and communities”.



PUBLIC AWARENESS

Hospice Awareness Week 2016

Hospice Awareness Week is an opportunity for hospices to profile and celebrate the services they provide in their local communities, to address misconceptions that people may have around hospice care, and to encourage the New Zealand public to support their local hospice. This year Hospice Awareness Week ran from 16-22 May, with each hospice celebrating the campaign in their local communities, supported with national marketing collateral from Hospice NZ.

TV1 Breakfast Programme

Dr. Jenny Cartwright from Hibiscus Hospice made her TV debut on TV1's Breakfast programme (photo above), promoting Hospice Awareness Week alongside Dennis Payne from House of Travel. Miss the show? You can still catch the clip on Hospice NZ's Facebook page <https://www.facebook.com/hospicenz/>.

Thank you Jenny and Dennis for this wonderful media coverage of our services and philosophy.



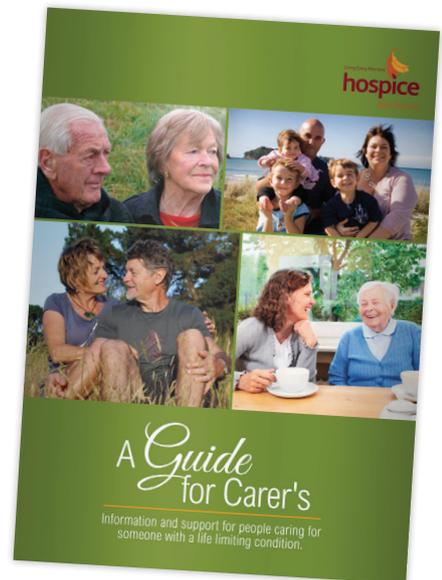
Hospice NZ A Guide for Carers

Hospice NZ's popular resource 'A Guide for Carers' has recently been revised, and thanks to the support of Pub Charity, reprinted and distributed to hospices throughout the country.

There are few experiences more challenging than caring for someone at the end of their life. Each of us faces death as uniquely as we live our life. We all hope that when death comes to us or someone close to us it will be as peaceful and dignified as possible. We also hope we'll face it feeling comfortable in our surroundings, well cared for and that those we love are well supported.

This booklet draws on the skills of all the hospices in New Zealand and combines their experiences of looking after people who are dying. It talks about how hospice can support carers in their journey, and suggests ways people can manage their situation – whether they are caring for a dying child, parent, spouse or good friend. It has guidance on comforting loved ones, managing pain and other symptoms, communicating effectively with everyone in the family, whānau and care team, as well as offering practical and emotional support.

An electronic version of this guide is also available through the Hospice NZ website, www.hospice.org.nz.





Hospice New Zealand

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Karla Ellicock
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The Hospice New Zealand Board 2016

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CEO, Te Omanga Hospice

John Peters (Deputy Chair)
**Chair of the Board,
Nelson Tasman Hospice**

Kevin Nielsen
CEO, Hospice Taranaki

Peter Buckland
CEO, Mercy Hospice Auckland

Lisa Roberts
**Chair of the Board,
Hospice West Auckland**

Clinical Advisors

Dr. Brian Ensor
**Director Palliative Care,
Mary Potter Hospice**

Dr. Michal Boyd
**Nurse Practitioner – Older Adults,
Waitemata DHB & Senior Lecturer,
School of Nursing, University of
Auckland**

National Branding

Warkworth Wellsford Hospice – New Building, New Brand

For the past few years, Warkworth Wellsford Hospice has been planning and fundraising for a new community hospice building, to be named 'Tui House'.

General Manager Kathryn Ashworth says, *"Tui House has special significance as the place where our service 'grew up', taking on more nurses and providing them with cars and equipment to make patients' lives at home more comfortable. We are looking forward to an equally exciting stage as we further develop our service to meet the changing needs of our community."*

"We like the fact that the word Tui belongs equally to our Māori and Pakeha cultures; it is a Māori word that needs no translation. In pre-European New Zealand, Māori sometimes tamed Tui and taught them to speak. They were taught mihi (greetings) which they would recite when visitors arrived, as well as prayers and proverbs. The Tui is known to be friendly, inquisitive, full of life and sometimes confrontational – all qualities that could be ascribed to Hospice!"

With the building of the new hospice now underway, the team at Warkworth Wellsford Hospice have decided to use the opportunity to adopt the 'One' hospice brand. *"Our stories used to lean towards the symbolic, and we told the story of the 'butterfly' to represent the hospice philosophy. These days we tell stories that are more personal and reflect our patients' actual experiences of the hospice service. We are also often asked if we are part of a national body, and people are reassured to know we have a larger organisation behind us."* Twenty-four New Zealand hospices now operate under the 'One' hospice brand.

